

Family Name:		Given Name:		Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Birth Date (day/month/year):	Crew Position:
Seaman's Book No.:		Crew I.D. No.:	ID Confirmed? <input type="checkbox"/> Yes <input type="checkbox"/> No	Passport No.:		Nationality:
City of Residence:	Country of Residence:	Vessel:	Type of Ship: Passenger		Trade Area: Worldwide	

**DO YOU HAVE, DID YOU EVER HAVE OR HAVE YOU BEEN TOLD YOU HAVE: (to be completed by crew member)**

**IF YOU ANSWER "Yes" TO ANY OF THE QUESTIONS IN THIS SECTION, PLEASE PROVIDE AN EXPLANATION ON THE NEXT PAGE.  
If you do not understand any terms you must ask you medical provider to explain.**

CONDITION	Yes	No
1. Do you feel healthy and fit to perform the duties of your designated position/occupation? If "No" specify below: Explanation:	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you ever been declared unfit for sea duty?	<input type="checkbox"/>	<input type="checkbox"/>
3. Has your medical certificate ever been restricted or revoked?	<input type="checkbox"/>	<input type="checkbox"/>
4. Have you signed off as sick or repatriated from a ship?	<input type="checkbox"/>	<input type="checkbox"/>
5. Are you aware that you have any medical problems, diseases, or illnesses?	<input type="checkbox"/>	<input type="checkbox"/>
6. Do you drink alcohol? How much per day: ___ week: ___	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you smoke? How many Years? How much per day?	<input type="checkbox"/>	<input type="checkbox"/>
8. Have you ever been <b>Hospitalized</b> ? For What? When?	<input type="checkbox"/>	<input type="checkbox"/>
9. Have you had <b>ANY</b> type of surgery? For What? When?	<input type="checkbox"/>	<input type="checkbox"/>
10. Have you ever received a blood transfusion? Why?	<input type="checkbox"/>	<input type="checkbox"/>
11. Are you taking <b>ANY</b> medications?	<input type="checkbox"/>	<input type="checkbox"/>
12. Alternative Medicine or Treatment? What?	<input type="checkbox"/>	<input type="checkbox"/>
<b>PSYCHIATRIC</b>		
13. Attempted Suicide?	<input type="checkbox"/>	<input type="checkbox"/>
14. Ever had thoughts of Harming Self or Others?	<input type="checkbox"/>	<input type="checkbox"/>
15. Psychiatric Problems / Bipolar / Other Disorders?	<input type="checkbox"/>	<input type="checkbox"/>
16. Nervous Breakdown / Depression / Anxiety?	<input type="checkbox"/>	<input type="checkbox"/>
17. Attention deficit/hyperactivity disorder (ADHD)?	<input type="checkbox"/>	<input type="checkbox"/>
18. Difficulty Concentrating on Things?	<input type="checkbox"/>	<input type="checkbox"/>
19. Trouble Falling Asleep, Staying Asleep or Sleeping too much?	<input type="checkbox"/>	<input type="checkbox"/>
<b>ORTHOPEDIC</b>		
20. Neck Pain/ Scoliosis / Cervical Injury / Radiating Pain?	<input type="checkbox"/>	<input type="checkbox"/>
21. Back pain / Injury / Sciatica / Radiating Pain?	<input type="checkbox"/>	<input type="checkbox"/>
22. Hand / Wrist Pain or Numbness?	<input type="checkbox"/>	<input type="checkbox"/>
23. Elbow Pain / Injury / Surgery?	<input type="checkbox"/>	<input type="checkbox"/>
24. Shoulder Pain / Injury / Surgery?	<input type="checkbox"/>	<input type="checkbox"/>
25. Knee Pain / Injury / Surgery / Osteoarthritis?	<input type="checkbox"/>	<input type="checkbox"/>
26. Feet Pain / Numbness / Tingling / Injury / Surgery / Heel Pain?	<input type="checkbox"/>	<input type="checkbox"/>
27. Sprains / Dislocations / Fractures?	<input type="checkbox"/>	<input type="checkbox"/>
<b>INFECTIOUS DISEASES</b>		
28. COVID-19?	<input type="checkbox"/>	<input type="checkbox"/>
29. Rheumatic Fever (autoimmune)?	<input type="checkbox"/>	<input type="checkbox"/>
30. Infectious / Contagious Diseases?	<input type="checkbox"/>	<input type="checkbox"/>
31. Syphilis/HIV/Gonorrhea/Other Sexually Transmitted Disease?	<input type="checkbox"/>	<input type="checkbox"/>
32. Hepatitis: A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> ?	<input type="checkbox"/>	<input type="checkbox"/>
33. Tuberculosis (TB)? Date: ___/___/___	<input type="checkbox"/>	<input type="checkbox"/>
34. Yellow Fever / Scarlet Fever / Malaria / Tropical Diseases?	<input type="checkbox"/>	<input type="checkbox"/>
35. Viral / Mononucleosis / Chicken Pox / Measles / Mumps?	<input type="checkbox"/>	<input type="checkbox"/>

CONDITION	Yes	No
<b>CARDIAC</b>		
36. Chest Pain? Palpitations?	<input type="checkbox"/>	<input type="checkbox"/>
37. Heart Attack / Irregular Heart Beat / Rate?	<input type="checkbox"/>	<input type="checkbox"/>
38. Heart Disease?	<input type="checkbox"/>	<input type="checkbox"/>
39. Heart Surgery / Pacemaker / ICD Implantable (cardiac defibrillator) ?	<input type="checkbox"/>	<input type="checkbox"/>
40. High Blood Pressure? Date of Diagnosis: ___/___/___	<input type="checkbox"/>	<input type="checkbox"/>
<b>ENDOCRINOLOGY</b>		
41. Diabetes? <input type="checkbox"/> Type Unknown <input type="checkbox"/> Type I <input type="checkbox"/> Type II	<input type="checkbox"/>	<input type="checkbox"/>
42. Thyroid (weight loss, sweats, tremors) or Other Endocrine Disorders?	<input type="checkbox"/>	<input type="checkbox"/>
<b>GASTROENTEROLOGY</b>		
43. Ulcerative Colitis / Crohn's Disease/Irritable Bowel Syndrome?	<input type="checkbox"/>	<input type="checkbox"/>
44. Gastritis / Reflux / Gastric or Duodenal Ulcer?	<input type="checkbox"/>	<input type="checkbox"/>
45. Frequent Diarrhea or Constipation / Straining / Pain?	<input type="checkbox"/>	<input type="checkbox"/>
46. Bleeding from Stomach or Bowels?	<input type="checkbox"/>	<input type="checkbox"/>
47. Hemorrhoids / Rectal Bleeding?	<input type="checkbox"/>	<input type="checkbox"/>
48. Jaundice (Yellow Eyes/Skin) / Gallbladder / Liver Problems	<input type="checkbox"/>	<input type="checkbox"/>
49. Hernias of Any Kind / Hernia Surgery?	<input type="checkbox"/>	<input type="checkbox"/>
50. Abdominal Pain?	<input type="checkbox"/>	<input type="checkbox"/>
<b>PULMONARY</b>		
51. Asthma or Wheezing?	<input type="checkbox"/>	<input type="checkbox"/>
52. Bronchitis?	<input type="checkbox"/>	<input type="checkbox"/>
53. Pneumonia?	<input type="checkbox"/>	<input type="checkbox"/>
54. Coughing Up Blood?	<input type="checkbox"/>	<input type="checkbox"/>
55. Pulmonary Embolism?	<input type="checkbox"/>	<input type="checkbox"/>
56. Shortness of Breath?	<input type="checkbox"/>	<input type="checkbox"/>
57. Sleep Apnea?	<input type="checkbox"/>	<input type="checkbox"/>
<b>NEUROLOGY</b>		
58. Headaches / Dizziness / Loss of Consciousness?	<input type="checkbox"/>	<input type="checkbox"/>
59. Head Injury or Concussion?	<input type="checkbox"/>	<input type="checkbox"/>
60. Fainting?	<input type="checkbox"/>	<input type="checkbox"/>
61. Seizures / Epilepsy / Receiving Medications for Either?	<input type="checkbox"/>	<input type="checkbox"/>
62. Loss of Memory?	<input type="checkbox"/>	<input type="checkbox"/>
63. Stroke / Mini-Stroke (TIA)?	<input type="checkbox"/>	<input type="checkbox"/>
64. Muscular Weakness?	<input type="checkbox"/>	<input type="checkbox"/>
<b>BLOOD DISORDERS</b>		
65. Anemia / Sickle Cell Anemia?	<input type="checkbox"/>	<input type="checkbox"/>
66. Hemophilia?	<input type="checkbox"/>	<input type="checkbox"/>
67. Leukemia?	<input type="checkbox"/>	<input type="checkbox"/>
68. Other Blood Disorders?	<input type="checkbox"/>	<input type="checkbox"/>
<b>UROLOGY</b>		
69. Kidney Problems / Dialysis?	<input type="checkbox"/>	<input type="checkbox"/>
70. Bladder Infection / Blood in Urine / Kidney Stones?	<input type="checkbox"/>	<input type="checkbox"/>
71. Prostate Disease (Males)?	<input type="checkbox"/>	<input type="checkbox"/>





## APPEAL PROCESS

The MLC, 2006 provides that seafarers that have been refused a medical certificate or have had a limitation imposed on their ability to work be given the opportunity to have a further examination by another independent medical practitioner or by an independent medical referee designated by the company. For more information how to file an appeal please contact PEMEREMEREVIEW@rccl.com.

My signature below signifies that, to the best of my knowledge and belief, all information, answers and responses provided to the company, or company affiliated physicians, labs or medical staff, are true and correct. I fully understand that I have an ongoing obligation to fully disclose any and all medical conditions which may affect my employment, whether listed above or not. I also agree to continuously update Royal Caribbean Group or its affiliated brands with any and all medical information which arise subsequent to the date of this document. I fully understand that if I falsify or withhold relevant medical information or condition(s) and/or fail to provide Royal Caribbean Group or affiliated brands with updated information as necessary subsequent to the date of this document, such action or inaction WILL SERVE AS GROUNDS FOR TERMINATION OF MY EMPLOYMENT WITHOUT EMPLOYMENT BENEFITS AND/OR MAINTENANCE OR CURE BENEFITS. I ALSO AUTHORIZE RELEASE OF ANY / ALL MEDICAL INFORMATION CONCERNING MY PAST, PRESENT OR FUTURE MEDICAL CONDITION(S), BY ANY MEDICAL PRACTITIONER OR PROVIDER, TO ROYAL CARIBBEAN GROUP OR ITS AUTHORIZED REPRESENTATIVE. I AM ABLE TO READ, WRITE AND SPEAK ENGLISH AND FULLY UNDERSTAND ALL OF THE ABOVE INFORMATION.

_____	_____	_____	_____	_____
SIGNATURE OF EXAMINEE	DATE	WITNESS NAME <i>(please print)</i>	WITNESS SIGNATURE	DATE

## ACKNOWLEDGMENT BY PHYSICIAN

I acknowledge that I have reviewed the information contained in this form with the Applicant and noted Comments as required.

_____	_____	_____	_____
PHYSICIAN SIGNATURE	PHYSICIAN NAME <i>(please print)</i>	PHYSICIAN PHONE NUMBER	DATE

**CREW MEMBER INFORMATION**

Family Name:		Given Name:		Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Birth Date (day/month/year):	Crew Position:
Seaman's Book No.:		Crew I.D. No.:	ID Confirmed? <input type="checkbox"/> Yes <input type="checkbox"/> No	Passport No.:		Nationality:
City of Residence:	Country of Residence:	Vessel:	Type of Ship: <b>Passenger</b>	Trade Area: <b>Worldwide</b>		

**GENERAL**

Height \_\_\_\_\_ Weight \_\_\_\_\_ Temp \_\_\_\_\_ Respiratory Rate \_\_\_\_\_ Pulse Rate \_\_\_\_\_ Rhythm \_\_\_\_\_

Body Mass Index (BMI) – Maximum is 35 \_\_\_\_\_ HbA1C \_\_\_\_\_

B/P Systolic \_\_\_\_\_ B/P Diastolic \_\_\_\_\_ **Repeat BP Test on a different day if result is 140/90 or greater** B/P Systolic \_\_\_\_\_ B/P Diastolic \_\_\_\_\_

**VISION**

Visual Acuity							Color Vision			
Vision	Unaided			Aided			<input type="checkbox"/> Ishihara	<input type="checkbox"/> Not Tested	<input type="checkbox"/> Passed	<input type="checkbox"/> Failed
	Right Eye	Left Eye	Binocular	Right Eye	Left Eye	Binocular				
Distant							<input type="checkbox"/> Snellen	<input type="checkbox"/> Not Tested	<input type="checkbox"/> Passed	<input type="checkbox"/> Failed
Near							<input type="checkbox"/> Bostrom Kugelberg	<input type="checkbox"/> Not Tested	<input type="checkbox"/> Passed	<input type="checkbox"/> Failed
							<b>Field Vision</b>	R = WNL _____	L = WNL _____	

Vision adequate for position per Flag State Requirements?  Yes  No

**PURE-TONE AUDIOMETER (threshold values in DB)**

**REQUIRED FOR MARINE POSITIONS**

EAR	500hz	1000hz	2000hz	3000hz	4000hz	6000hz	8000hz
Right							
Left							

**SPEECH AND WHISPER TEST (METERS)**

Whisper Test:  Yes  No **If ABNORMAL perform Audiogram**

Information on the use of hearing protection provided?  Yes  No

Any subjective signs of impaired hearing or dizziness?  Yes  No

**CHEST X-RAY**

Normal  Abnormal

Performed on (Day/Month/Year): \_\_\_\_\_

**(EKG REQUIRED IF HISTORY OF HYPERTENSION)**

Results: (including EKG, if applicable)

\_\_\_\_\_

**VACCINATIONS PROVIDE COPY OF VACCINATION RECORD**

MANDATORY	Last Vaccination Date
MMR	

**REQUIRED TESTS**

✓	ATTACH ALL LAB TESTS - ALL RESULTS MUST BE IN ENGLISH
<input type="checkbox"/>	Chest X-ray if clinically indicated (Attach Report)
<input type="checkbox"/>	VDRL/RPR/FTA (Use One)
<input type="checkbox"/>	CBC (Complete Blood Count)
<input type="checkbox"/>	HbA1C (If serum OR fasting glucose are elevated OR history of Diabetes)
<input type="checkbox"/>	Routine Urinalysis
<input type="checkbox"/>	Thyroid Studies (If history of thyroid issues)
<input type="checkbox"/>	O&P (Food and Beverage Positions)
<input type="checkbox"/>	Hepatitis A IgM, HBsAg and Anti HCV
<input type="checkbox"/>	HIV (If positive, also CD4/Viral Load) Date of positive: ___/___/___
<input type="checkbox"/>	Urine Drug Test (Benzodiazepines, Amphetamines, Opiates, Cocaine)
<input type="checkbox"/>	Blood Chemistry - BUN, Creatinine, Glucose, ALT, AST, Uric Acid
<input type="checkbox"/>	Lipid Panel total Chol, HDL, LDL, Triglycerides
<input type="checkbox"/>	EKG Original 12 Lead EKG Provided to CM
<input type="checkbox"/>	GFR if history of diabetes or hypertension
<input type="checkbox"/>	<b>Abnormal Results Requiring Investigation</b>

**CRITICAL VALUES Complete for all crew**

BP:	
GLUCOSE:	
HbA1C:	
CREATININE:	
BMI:	

**Reviewed and Initialed by Physician:** \_\_\_\_\_

**PHYSICAL EXAM** Circle Nil if appropriate

HEENT	Normal	Abnormal
Mouth / Teeth		
Tonsils		
Pharynx		
Ears/Tympanic Membrane		
Eyes/Eye Movement/Pupils		
Head		
Nose		
Nodes	NIL	
Motion		
Thyroid		
Scars		
EMOTIONAL / PSYCHIATRIC	Normal	Abnormal
Status		
HEART	Normal	Abnormal
Rhythm		
Murmurs	NIL	

THORAX LUNGS	Normal	Abnormal
Percussion		
Auscultation		
NEURO	Normal	Abnormal
Motor		
Sensory		
Reflexes		
SKIN	Normal	Abnormal
Skin		
PULSES	Normal	Abnormal
Pulse		
EXTREMITIES	Normal	Abnormal
Varicose Veins (Indicate CEAP Level)	NIL	
Edema	NIL	
Scars		
Discoloration	NIL	
Deformities	NIL	

ABDOMEN	Normal	Abnormal
Shape		
Tenderness	NIL	
Masses	NIL	
Scars		
Hernia	NIL	
Testicles		

RECTAL	Normal	Abnormal
Hemorrhoids	NIL	
Prostate		
Fistula	NIL	
BREASTS	Normal	Abnormal
Tenderness	NIL	
Masses	NIL	

**RANGE OF MOTION**

CERVICAL	Normal	Abnormal	ELBOW	Normal	Abnormal	LUMBAR	Normal	Abnormal	WRIST	Normal	Abnormal	
Forward Flex			Retained Flex			Forward Flex			Pronation			
Extension			Extension			Extension			Supination			
Lateral Flexion			Pronation			Lat. Flex			Dorsiflexion			
Rotation			Supination			Rotation			Plantar Flexion			
Scars			Scars			SLR (Sitting)			Abduct			
						SLR (Supine)			Adduct			
						Scars						
HIP			FEET			SHOULDER			KNEE			
Flexion			Inspection			Forward Elev.			Retained Flex			
Extension			Arch Status			Backward Elev.			Extension			
Abduction			Deformities			Abduction			Scars			
Adduction						Adduction						
Int. Rotation			<th>ANKLE</th>	ANKLE			Int. Rotation					
Ext. Rotation			Dorsal Flex			Ext. Rotation						
			Plantar Flex			Scars						
FINGERS			Inversion									
Flexion			Eversion									
Extension			Scars									

Applicant questioned regarding current or previous psychiatric condition/diagnosis?  Yes  Applicant Denied  
 If applicant's answer is "Yes" please describe on the next page.

Applicant questioned regarding current or previous back/lumbar condition/diagnosis?  Yes  Applicant Denied  
 If applicant's answer is "Yes" please describe on the next page.

**Consultation or Referral Reports Attached:**  Yes  No

**Psychiatric and/or back conditions require medical clearance letter from specialist**



*This Medical Certificate has been issued in accordance with the provisions of the (International Convention on Standards of Training, Certification and Watch-keeping for Seafarers STCW 1978, as amended (STCW) Regulation I/9, Maritime Labour Convention 2006 (MLC 2006) Regulation 1.2 and regulation of the authorizing country\* as applicable.*

**SEAFARER INFORMATION**

Family Name:	Given Name(s):	Exam Date:	Birth Date (day/month/year):	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
Passport No./Seaman Book No.:	Home Address:			
Nationality:	Capacity that the seafarer will serve onboard : Deck: <input type="checkbox"/> Engineer <input type="checkbox"/> Rating <input type="checkbox"/> Catering (F&B) <input type="checkbox"/> Other <input type="checkbox"/>			

**DECLARATION OF APPROVED\*\* MEDICAL PRACTITIONER**

I confirm the identification documents were checked:	<input type="checkbox"/> YES <input type="checkbox"/> NO	Color vision meets standard*?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Does the seafarer's hearing meet medical standards?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date of last color vision test:	(dd/mm/yyyy):
Is unaided hearing satisfactory*?	<input type="checkbox"/> YES <input type="checkbox"/> NO		
Vision acuity meets medical standards*?	<input type="checkbox"/> YES <input type="checkbox"/> NO	Is the seafarer fit for service?	<input type="checkbox"/> YES <input type="checkbox"/> NO
I have evaluated the above named examinee according to company medical guidelines.			<input type="checkbox"/> YES <input type="checkbox"/> NO
On the basis of the examinee's personal declaration, my clinical examination and diagnostic test results recorded on the medical examination form, I declare the examinee:		<input type="checkbox"/> Fit <input type="checkbox"/> Not fit <input type="checkbox"/> NA	<input type="checkbox"/> Fit for look-out duty
Is the seafarer free from any medical condition likely to be aggravated by service at sea or render the seafarer unfit for such service or to endanger the health of other persons onboard?			<input type="checkbox"/> YES <input type="checkbox"/> NO

Are there any limitations or restrictions on fitness (e.g. specific position, type of ship, trade area)? If so, specify the limitation:

Place of examination:	Date of examination:	Medical certificate expiration date (day/month/year):
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**SIGNATURE**

*I hereby confirm that the medical examination has been carried out in accordance with the ILO/IMO Guidelines on the Medical Examinations of Seafarers and the national guidelines of my Authorizing Administration.*

**Official stamp and National License/Certification number**

**Medical examiner signature**  
*(print name if not legible)*

I \_\_\_\_\_ (seafarer name) confirm that I have been informed of the content of certificate and the right to get a review\*\*\*.

**Examinee's signature**

\*For persons who are assigned shipboard safety, security or environmental protection duties, the medical standards referenced on the certificate are the standards as specified in STCW Regulation I/9 and any other standards as specified by the authorizing Administration. For any other persons serving onboard, the medical standards shall be as specified by ILO and the authorizing Administration of Malta and the Bahamas.

\*\* The Medical Practitioner shall be approved by the national Administration, after inspection of medical facilities/recordkeeping, to carry out STCW/ILO medical examination.

\*\*\*The review shall be carried out by a body/Medical Practitioner authorized by national Administration and this information should be made available to the seafarer.